



Annapurna Base Camp is the finest and most popular trekking route in Nepal. The difficulty level of the Annapurna Base Camp trail is moderate with challenges in some part of the trail. especially, when you reach Deurali and Machhapuchere Base Camp, you will feel thin air. So, we have to walk slowly and acclimatize more, drink more soup and warm water etc. The maximum altitude ascended during the trek is 4,130m which is highest point of Trek Annapurna Base Camp. We will start show walk after Deurali then MBC 3-4hrs slow walk. Those who are physically fit same day can reach ABC. Those who need more acclimatization, can halt 1more night at MBC which is good for the acclimatization. Next morning slow walk (2-3hrs) final push to ABC. Arrive ABC, check in to the guest house. Lunch and relax. Side excursion surrounding area. Overnight at Base Camp.

The Base camp is surrounded by several snowcapped mountain peaks. An early morning, we can witness beautiful sunrise view over the Mt. Fishtail. At the same time, we can see golden color spectacular sunshine on the top of the Mt. Hiunchuli (6,441m), Annapurna (8,091m), Gangapurna (7,455m), Machhapuchhare (6,993m), and others small peaks. After leisurely breakfast, charter scenic flight back to Pokhara. Transfer to Hotel.

12Days Annapurna Base Camp (Highest Point 4100m)

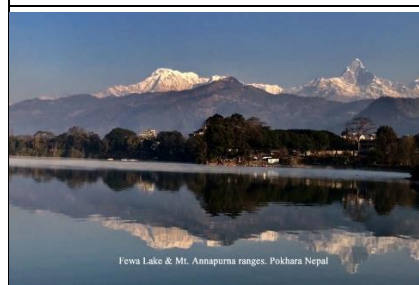
Activities	Trekking/ walking	Fitness Level	Moderate
Max Elevation:	4,130m/13817ft	Transportation:	By Air /Jeep, Bus (Based on group Size)
Best Month:	March – Apr/ Oct-Nov	Group Size:	Pax minimum 10
Arrival on:	Kathmandu, Nepal	Departure from:	Singapore _____
Meal (During Trek)	Breakfast/Lunch/Dinner	Duration:	13Days
Accommodation:	Hotel/Lodge	Price:	Fr:

Date	Day	Itinerary	Altitude	Lodging	Meals
	01	Arrival in Kathmandu. Upon arrival, meet by local representative and transfer to hotel. Overnight in Kathmandu.	1340m 4396ft	Hotel in Kathmandu	Meal on board
	02	Kathmandu – Drive to Pokhara 7-8 hrs drive	822m 2696ft	Hotel in Pokhara	Breakfast Lunch Dinner
	03	Pokhara– Naya pool- Ghandruk beshi -trek to Ghandruk	1960m 6430ft	Guest House	Breakfast Lunch Dinner
	04	Ghandruk village – Trek to Chomrong	2170m 7119ft	Guest House	Breakfast Lunch Dinner
	05	Chomrong – Trek to Bamboo	2470m 8102ft	Guest House	Breakfast Lunch Dinner
	06	Bamboo– Trek to Himalaya	2920m 9580ft	Guest House	Breakfast Lunch Dinner
	07	Dovan- Trek to Deurali	3200m 10498ft	Guest House	Breakfast Lunch Dinner

08	Deurali - Trek to MBC (3hrs trek Approx)	3700m 13051ft	Guest House	Breakfast Lunch Dinner
09	MBC Trek to Annapurna Base Camp (2hrs trek Approx)	4130m 13549ft	Guest House	Breakfast Lunch Dinner
10	Fly to Pokhara by Helicopter	822m 2696ft	Hotel	Breakfast Lunch Dinner
11	Pokhara – Kathmandu by Flight – Travel to Nagarkot	822m 2696ft	Hotel	Breakfast Lunch
12	Nagarkot -Kathmandu – Afternoon, Free at leisure till transfer to Airport.	-	NA	Breakfast

Details Itinerary

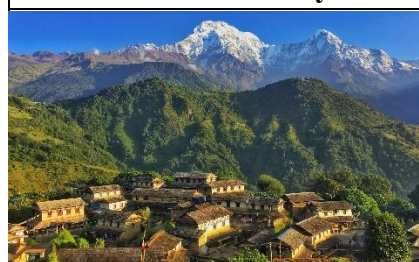
Day 01: Upon arrival in Kathmandu Airport, meet and greet by local representative and transfer to hotel. Overnight at Kathmandu



DAY 02: Kathmandu Drive to Pokhara 830m/2,723ft), 6-7hrs drive. meals -B/L

After breakfast, a scenic drive to Pokhara. 6/7hrs drive, 200kl west of Kathmandu. Pokhara is a second largest city in Nepal. From Pokhara, we can see view of Himalaya like Mt. Annapurna ranges, Fishtail, Mt. Annapurna south with Fewa lake. After long drive, arrival in Pokhara check in to the hotel. If time permit, visit Lake side area and experience 1hrs boating at Fewa Lake. Overnight at Hotel.

DAY 03: Pokhara Naya Pool – Ghndruk Besi & Trek to Ghndruk (1,960m/6,430ft) meals - B, L, D



Breakfast at Hotel, Drive to Nayapool -Ghndruk Besi -Trek to Ghndruk, We begin short trek with a climb through the paddy farm, passing local villages until we reach Ghndruk If the weather is clear, we will be able to see magnificent views of the Annapurna South Mountain Range. Same time we can enjoy the views of the just opposite another Landruk village. Today we have lunch at Ghndruk. Pm: excursion around village. Stay overnight at lodge for the night.

DAY 04: Ghndruk Village Trek to Chomrong Village (2170m/7119ft) meals – B, L, D



After breakfast, start our journey to Chomrong passing through some paddy farm, tiny village & suspension bridge etc. After few hours walking, we will arrive lunch spot at Kimrung Village. After lunch Trek to Chomrong Village, 4hrs walk in total. Upon arrival, check in to the Guest house. Tea, coffee & snacks will be served. Evening, we have some times for relax and free at leisure. Dinner & stay at Lodge. Close view from Chomrong village on left.

DAY 05: Chomrong- Trek to Bamboo (2470m/8102 ft) 4hrs walk, meals – B, L, D



Post breakfast, the trail will descend to the Chhomrong Khola before leading to the hamlet of Sinuwa hill a small village. After 1hrs trek, we will reach Kuldighar then the Modi Khola valley eventually. We will passing through jungle. During month of March & April, will come across verity of rhododendron flowers After lunch, we will continue our hike down to Bamboo through a remote woodland area and continue the walk to Bamboo for the overnight at Guesthouse.

DAY 06: Bamboo- Trek to Himalaya (2920m/9580ft meals – B, L, D

After breakfast, start our trek, slope up to Himalaya. Toady's walk is much shorter compare to other day. More relax, walk gradual up. Early rest and acclimatize. Overnight at Hilmlaya guest house.

DAY 07: Himalaya – Trek to Deurali (3200m10498ft) meals – B, L, D



After breakfast our trek will start by following the left bank of the Modi River. We will come across beautiful waterfalls and a kinds of wilderness area. Trails covered rocks. Then a gradual climb of approximately 3 and half hour takes you to the Deurali. Lunch will beserved at Deurali. After lunch rest and acclimatize, enjoy lose view of Moutnail and Modi river aside below. Enjoy dinner. Overnight stay at Deurali guest house.

DAY 08: Deurali- Machhapuchre Base Camp -MBC 3700m 12139ft, meals – B, L, D



Wake up early morning with view of the beautiful sun rise. Leisurely breakfast, start our journey to MBC Machhapuchre Base Camp) Lower base camp. It takes approximately three hours slop and steepclimbing to MBC 3700m (lunch will be served here) after lunch, stay overnight at MBC (Rest and acclimatize)

DAY 09:Trek to Annapurna Base Camp(4130m/13451ft) mealsB, L, D



Slow walk around 2hrs climb to Annapurna Base camp which is our trekking last destination. Today will reach ABC early than usual because today walking destination is only about 2 hour only . In the afternoon we canhave a good rest and acclimatize. This is a truly an exhilarating camp site as it is in the midst of the mighty Himalayas. In the south Annapurna, Himchuli Annapurna I Glasier Dome,Tent peak, Gangapurna,,Machauchhere(Fishtail).Overnight stay at lodge in Annapurna Base Camp (4130m above sea level.

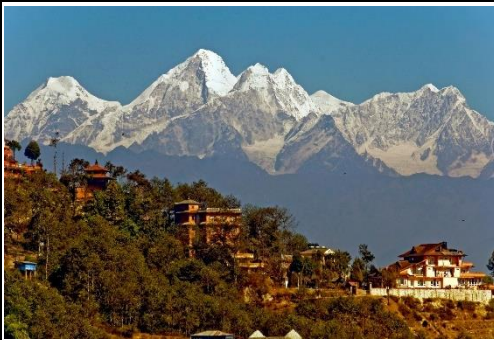
If you are feeling good and still energetic, we do day trip to glacier which is close to Annapurna one. Dinner and overnight stay at Lodge.

DAY 10: Annapurna Base Camp – Fly to Pokhara 830m/2,723ft), 20Minute flight- meals -B/L

Early morning, enjoy sunrise, breakfast at guest house. After brekfast, relax and take a walk to surrounding area. Later proceed to heli pad and wait for the helicopter scenic fly to Pokhara. Upon arrival meet our local guide and transfer to hotel and check in to the hotel. Lunch near to lakeside. Later free at leiusre your own.



DAY 11: POKHARA – KATHMANDY BY AIR- 1hrs drive to Nagarkot 2,175 m, B, L, D



Breakfast at hotel, after breakfast, drive to Pokhara airport & fly to Kathmandu. Upon arrival in Kathmandu, transfer to Nagarkot 1hrs drive. Overnight stay in hotel .Nagarkot is a scenic place. Nice views of the estern Himalaya including Mt. Everest with sunrise (subject weather condition. Dinner and overnight at hotel.

DAY 12: NAGARKOT- KATHMANDU AIRPORT (Breakfast)

Enjoy sunrise over the Himalaya form hotel balcony. All hotels room are facing to Mountain views. Leisurly breakfast, transfer to Kathmandu. Free at leisure till transfer to arport & fly home.

Home Sweet Home!

COST INCLUDES:

- ✓ Air Travel SIN-KTM-SIN by Vistara via Delhi (For SQ direct flight can be arranged in additional cost)
- ✓ Hotel accommodation in Kathmandu and Pokhara with breakfast.
- ✓ Guest house accommodation during trekking
- ✓ Accommodation at Twin/Triple sharing basis
- ✓ Helicopter charter from Annapurna Base Camp to Pokhara
- ✓ Domestic Airfare Pokhara – Kathmandu (includes taxes)
- ✓ meals provided (Breakfast, Lunch, Dinner) we serve different type of food each day
- ✓ Personal cook throughout trip for safe & hygienic food & Drink (group size 10 & above)
- ✓ All transfers and tours by Air con transport as per itinerary
- ✓ English speaking Guides and assistants
- ✓ Entrance fees to all Monuments, all taxes, inner line permits, and Government taxes.
- ✓ Trek Permit fees, national park fees where applicable
- ✓ Build drinking water supply for through trip
- ✓ Basic first Aid-kit train guide
- ✓ First aid kit
- ✓ Trekking map

Service and cost do NOT include:

Personal Travel Insurance, Nepal visa fee US\$30, Drinks (cold and alcoholic), Domestic Airfare if any, Expenses Airlinetaxes & fuel surcharge S\$150, of personal nature, Tipping guide and porters.



Suggested Packing List for Trekking:

- Backpack or duffel bag
- Day Pack
- Sport shoes
- Trekking shoes
- Sandal /slippers
- Track pants/suits
- Underwear (preferably disposable)
- Warm Jacket
- Woolen Sweater
- Raincoat or Umbrella (incase rain)
- Sun hat, sun glass
- Personal toiletries
- Glove
- Hit pad
- Sun hat, sun glass
- Personal toiletries
- Glove- Hit pad
- Sun block lotion
- Insect repellent
- Poncho (incase rain)
- Torch light, batteries, Camera, binocular (Optional)
- Snacks (Museli bars, chocolates, dried nuts and fruits, vitamin-supplant etc)
- Personal First aid kits
- Passport (Check for six months validity before departure)