



8D Korea Fall Into EcoWellness With Dr Tan Yong Seng & Dr Tan Bee Gawh (KR8EWG)

Special Dep: 20 and 21 Oct 2023



HIGHLIGHTS

Gourmet Picks

- Korean Grilled [Sea Bream](#) Lunch
- Jeju Black Pork BBQ Dinner
- Chalong Bamboo Basket Lunch
- Abalone & Seafood Clay Pot Soup Dinner
- [Hanjeongsik](#) Lunch
- Korean Dried Pollack Set Dinner
- Korean Grilled Squid With Pork [Bulgogi](#) Lunch
- Clam Hotpot With Squid Sausage Dinner
- Korean Ginseng Chicken Soup Lunch
- Get-Together Dinner
- Korea Hot Stone Pot Bibimbap With Traditional Pancake Lunch

Value Plus

- Wellness Session at Seogwipo Natural Recreation Forest
- Aromatic Foot Bath at Jeju Herb Dongsan
- Mt Balwangsan Cable Car Ride, Skywalk & Sunrise View
- Light Exercise Session
- Hanbok Dress-Up
- Korean Culinary Lesson

JEJU

- [Dodu-dong Rainbow Coastal Road](#)
- [Seogwipo Maelle Olle Market](#)
- [Boromwat](#)

GYEONGGI-DO

- [Hwadam Botanic Garden](#)

GANGWON-DO

- [Yongpyong](#)
- [Ojukheon House](#)
- [ARTE Museum Valley Gangneung](#)
- [Anmok Beach](#)

SEOUL

- [Ikseon-dong Hanok Village](#)
- [Ssamzigil](#)
- [Gyeongbokgung Palace](#)
- [Myeong-dong](#)

DAY 1 SINGAPORE - INCHEON (Meals On Board)

Assemble at Singapore Changi Airport for your flight to Incheon.

DAY 2 INCHEON – GIMPO - JEJU

(Light Breakfast/ Korean Grilled Sea Bream Lunch/ Jeju Black Pork BBQ Dinner)

Annyeonghaseyo! This morning, start with a light breakfast before transferring to the airport for your domestic flight to **Jeju**, an island that attracts many vacationers and honeymooners daily. After arriving, stop by **Dodu-dong Rainbow Coastal Road**, where the sea and sky extend seemingly endlessly with a picturesque rainbow backdrop along the coast. Thereafter, proceed to check in and rest for the afternoon. This evening, enjoy the renowned **Jeju black pork BBQ** for dinner.

DAY 3 JEJU (Breakfast/ Chalong Bamboo Basket Lunch / Abalone and Seafood Clay Pot Soup Dinner)

This morning, start afresh with wellness session. Take a relaxing stroll into the magnificent **Seogwipo Natural Recreation Forest**, known for its clean water and air. Next, enjoy a traditional and healthy **chalong bamboo basket lunch**, specially prepared by the villagers of Hogeun Village. The next stop is **Seogwipo Maelle Olle Market**, the largest market in Seogwipo. This traditional market was formed in the early 1960s and now stretches over 620 metres in length. Take some time to explore the market and soak in the local culture. Thereafter, proceed to **Jeju Herb Dongsan**, which is lined with 150 kinds of herbs and colorful wildflowers. Besides the enchanted scenery, you will also be pampered with a **foot bath** to soothe your tired feet. Get ready to take some beautiful photos as we visit the beautiful **Boromwat** with extensive field of cockscomb flowers in autumn.

DAY 4 JEJU – SEOUL – GYEONGGI-DO – GANGWON-DO

(Breakfast/ Hanjeongsik Lunch/ Korean Dried Pollack Set Dinner)

Transfer to the airport for your domestic flight back to **Seoul**. Upon arrival, proceed to the scenic **Hwadam Botanic Garden**. If you are an avid K-drama fan, you might be experiencing a moment of déjà vu as this garden has been featured in several movies and TV shows over the years. The garden is gorgeous at any time of the year but in August, it becomes an autumn foliage heaven. The many varieties of maple trees and other trees turn the area into a kaleidoscope of colours, making it a truly mesmerizing experience. Thereafter enjoy a relaxing scenic drive to [Yongpyong](#) in Gangwon-do.

DAY 5 GANGWON-DO

(Breakfast/ Korean Grilled Squid With Pork Bulgogi Lunch/ Clam Hotpot With Squid Sausage Dinner)

Rise and shine and enjoy a **cable car ride** to **Mt Balwangsan** to catch the breathtaking **sunrise**. Once you reach the summit, get ready for some fun on the **Skywalk** and be treated to picturesque views of unblocked magnificent mountain ranges. Next, explore **Ojukheon House**, which showcases the lifestyle and architectural style of the early Joseon dynasty. It is one of the oldest-preserved Korean houses. Next proceed to **ARTE Museum Valley Gangneung** and immerse in the impressive media art exhibitions. There are 12 media art exhibitions reflecting the regional characteristics of Gangwon-do and Gangneung. Thereafter, visit **Anmok Beach**, also famously known as South Korea's Coffee Street. This area was originally filled with rows of seafood vendors and has now been taken over by the influx of coffee shops and cafes.

DAY 6 GANGWON-DO – SEOUL

(Breakfast/ Korean Ginseng Chicken Soup Lunch/ Get-Together Dinner)

To start the day, enjoy a **light exercise session** before proceeding for breakfast. Enjoy a scenic coach ride back to Seoul. Explore the hidden treasures of **Ikseon-dong Hanok Village**. This neighbourhood was established in the 1920s and offers a unique mix of modern and traditional elements. The narrow alleyways are lined with uniquely decorated shops and cafes and you will enjoy taking photos against the colourful backdrops. Thereafter proceed to **Ssamzigil** a trendy yet



cultural place that perfectly captures the vibe of [Insa-dong](#). This evening, get ready to have some fun and enjoy a **get-together dinner** with your fellow travellers.

DAY 7 SEOUL (Breakfast/ Korean Hot Stone Pot Bibimbap With Traditional Pancake Lunch)

Begin your day at the majestic **Gyeongbokgung Palace**, which served as the royal palace during the Joseon dynasty and explore the palace's stately grounds, delve into its storied past and imagine what life might have been like centuries ago. For an extra special experience, you can choose to don the traditional Korean dress in a **Hanbok dress-up**. In the afternoon, attend a **Korean culinary lesson** to learn how to make delicious and healthy Korean finger foods. This is the perfect opportunity to bond with your family or friends and learn some new cooking techniques. Next, embark on a shopping spree at **Myeong-dong**. This bustling area is dotted with stalls offering the latest fashion togs and accessories, making it a perfect destination for fashion lovers.

DAY 8 SEOUL – INCHEON – SINGAPORE (Breakfast/ Meals On Board)

If time permits, you can do some last-minute shopping before you transfer to the airport for your flight home.

Remarks

Tour is conducted in Mandarin unless otherwise specified.

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Sequence of itinerary may be subject to change.

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