

- Experience Nature & Beauty of the Himalayas
- Ancient temples, monasteries & Dzongs
- Museums and Government Institutions
- Meet Local people.
- Scenic landscapes.
- Archery matches.
- Visit to pristine villages and farm house
- Great view of Mt Everest from Nagarkot
- Hot stone bath (optional)

ALL INCLUSIVE

- Meals Breakfast, Lunch, Dinner
- Flights SQ & KB
- Hotels
- Bhutan visa fees
- Activities
- All transfer
- Sightseeing
- Entrance fees
- Fully Guided

09Days Scenic Bhutan & Nepal



DEP: FRI / TUE

DAY 01: SINGAPORE – KATHMANDU (Meals on Board)

Departure Singapore to Kathmandu by SQ442, Arrive Kathmandu at 2210 local time. Upon arrival, you will be met our staff and you will be transferred to hotel.

DAY 2. KATHMANDU – KATHMANDU TOURS- NAGARKOT (Breakfast, Lunch, Dinner)

After breakfast, we will visit the **Swayambhunath Temple**, said to be 2500 years Stupa on a hillock, which offers a breath-taking view of Kathmandu City and the Sunset view. This Stupa is the oldest of its kind in Nepal, listed in the UNESCO World Heritage Monument Listed in 1979. Next; we will visit historic Kathmandu Durbar Square (Hanuman Dhoka) if you are lucky, you will be able to have a glance of the famous living Goddess of Nepal name Kumari. Lunch will be served near hotel restaurant. After lunch you will be transfer to Nagarkot, -hour drive to Nagarkot 2300m above seal-level, this scenic spot, with a spectacular view of the sunset and Mount Everest can be seen on a clear day.) lunch will be served in the hotel. After free at leisure. PM proceed to visit view tower to witness wonderful sunset. Return to Hotel, dinner and overnight stay at hotel.

DAY 3. NAGARKOT-KATHMANDU Breakfast, Lunch, Dinner.

Sunrise view from hotel balcony. All rooms re facing to view of the Himalayas. Breakfast at hotel, scroll around scenic hill top. Late afternoon drive back to Kathmandu. On the way we'll proceed to visit **Bouddhanath Stupa**, this stupa is the largest in the Asia region and listed in the UNESCO World heritage sites. Tonight, we have dinner with Nepalese cultural show. Overnight stay at hotel in Kathmandu.

DAY 04: KATHMANDU FLY TO PARO- THIMPU (Altitude 2320 m) (Distance: 54 km, 1hr) (Breakfast Lunch/Dinner.

After breakfast, drive Kathmandu Airport and fly to Paro. Upon arrival in Paro, your guide will receive you at the Airport and drive to Thimphu, capital city of Bhutan. Upon arrival, check in to the hotel. After lunch, proceed to visit Buddha point (Kunsel Phodrang). It is gigantic Shakyamuni Buddha statue constructed in the mountains of Thimphu. The Statue houses over one hundred thousand smaller Buddha Statues. You can get good overview of the Thimphu valley from there. After lunch Visit Takin Zoo, which is Mini Zoo wild life reserve area for Takin the National animals of Bhutan. After that visit National Textile Museum, where you will find displays various Bhutanese textiles that are extensive and rich in traditional culture. Visit General Post Office in Thimphu, where you can make your own stamps with your own photos and also visit Bhutan Postal Museum. Dinner and early rest.

DAY 05: THIMPHU -DRIVE TO PUNAKHA (Altitude 1310 m) (72 Km, 3 hrs. drive) (Breakfast/Lunch/Dinner



After breakfast, drive to Punakha, pass by Da-Chula Pass - This Pass offers panoramic views of the Himalayan mountain ranges. The beauty of this place is further enhanced by the Druk Wangyal Chortens - with 108 Stupas built by the Queen. In clear weather, you can see the Himalaya Ranges with All snow covered. A short hike to Chimi Lhakhang (Temple) a gentle walk thru beautiful farm houses and vast plains of rice fields. The monastery is dedicated to the Divine Madman who is popularly known as Drukpa Kinley. The temple is regarded as a sanctum of fertility and most childless couples usually make a visit to this temple to seek the fertility blessings. Visit the Punakha Dzong, a massive structure built at the junction of two rivers. It was the capital of Bhutan until 1955, and still serves as the winter residence of the monk body.

DAY 06. PUNAKHA -PHOBJIKHA (Gyangty valley)-PUNAKHA, Meals:(Breakfast/Lunch/Dinner)

After breakfast day excursion to Phobjikha Valley, this is a bowl-shaped glacial valley on the western slopes of the Black Mountains, bordering the Jigme Singye Wangchuck National Park. Because of the large flock of black-necked cranes that winters here, it is one of the most important wildlife preserves in the country. In addition to the cranes there are also muntjacs (barking deer), wild boars, Sambars, Serows, Himalayan black bears, leopards and red foxes in the surrounding hills. The Nakey Chhu drains the marshy valley, eventually flowing into the lower reaches of the Punak Tsang Chhu. Gangtey Goemba, one of the oldest and largest Nyingma Buddhist centers in Bhutan. Drive back to Punakha. Dinner & overnight at hotel.

DAY 07. PUNAKHA-THIMPU-PARO (Altitude 2300m) (Distance: 110km, 4hrs). Meals: Breakfast /Lunch/Dinner)

After breakfast drive to Thimphu. Visit Memorial Chorten., this large Tibetan – style chorten is one of the most visible religious structures in Thimphu, and for many Bhutanese it is the most visible religious structures in Thimphu. Visit Traditional handmade paper factory. After lunch proceed to “LIVING MUSEUM” Simply Bhutan, where you can learn Bhutanese traditions & experience National Sport of Bhutan Archery and taste the Bhutan Local wine “ARA” & Butter Tea. Before dinner, visit Bhutanese Craft Bazar, where you can witness the varieties of Handicraft market of Thimphu and glimpse inside the art and craft of Bhutan. Lunch will be served one of the restaurants in Thimphu. After lunch drive to Paro. Dinner and overnight stay in the hotel.

DAY 08: THIMPHU -PARO (Altitude: 2280 m) (Breakfast/Lunch/Dinner)

Today is a special day for (Optional Tiger nest Hike) After breakfast, A short drive takes us to Samsam Chorten, from there a 2 -3-hour walk till the viewpoint point of the monastery **Taksang Monastery (tiger nest)**. the most famous of Bhutanese monasteries, it is believed that Guru Rinpoche flew to this location on the back of a tigress and meditated at this monastery hence it is called Tiger’s Nest. Precariously perched on the edge of 1,200-meter cliff, this monastery creates an impressive sight, and is the unofficial symbol of Bhutan. If time permits, we will visit Paro Town Shopping Street. (Horse & pony charges is minimum US\$80 paid directly to the Local tour guide) Note: Please wear comfortable shoes or hiking boots. Not recommended for pregnant women and those with health condition visitors. Late afternoon, if time permit, we will visit Kyichu Lhakang, the first and oldest temple of the Bhutan, also famous Hong Kong actor Tony Leong wedding ceremony held here Than drive to Paro valley and visit Paro Dzong also known as Rinpung Dzong, this 15th century massive fortress/monastery, is also the administrative center of the dzonkhag. Ta Dzong - Built as a watch tower was converted into the National Museum in 1968. The museum boasts antique Thangka, textiles, weapons and armor, household objects and rich assortment of natural and historic artifacts. Enjoy Bhutanese Cultural Show Dinner & trying of Bhutanese traditional Costume Gho & Kira. Bhutanese Cultural Show Dinner.

DAY09: PARO-SINGAPORE (Breakfast)

After breakfast, short drive to Paro Airport and fly home.



COST INCLUDES:

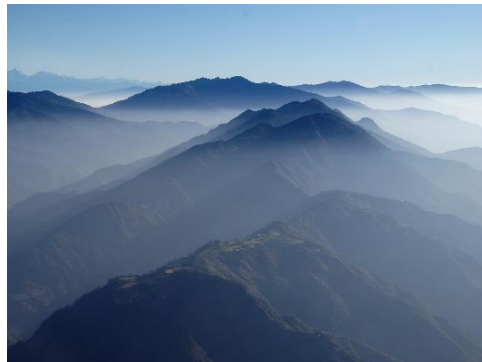
- Airfare SIN-KTM-& PARO- SIN (subject to seats availability)
- Airport pick-up and drop-off
- Fully guided tours throughout trip
- KTM-PARO Airfare (includes taxes)
- Bhutan visa fee, Tourism development fee
- Bhutan airport tax
- 3*Hotel accommodation in Bhutan & Nepal (Can be upgrade to 4/5Star in additional cost)
- Service of licensed and trained guide
- All meals and hot beverages
- Local transportation as per above itinerary
- National Park/conservation area entry permits
- Mineral water supplies everyday
- All necessary documents permit (where applicable) Coordination quick rescue service in case of emergency (cost covered by your insurance plan)

Service and cost do NOT include:

- Personal travel insurance, Airline taxes & fuel surcharge S\$130, Nepal visa fee US\$30 & passport size photo (Visa can be obtained on arrival in Kathmandu Airport, Tipping US\$6 Per pax per day)

Suggested Trekking packing List:

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| <ul style="list-style-type: none"> - Luggage or duffel bag - Day Pack - Sport shoes - Trekking shoes - Sandal /slippers - Track pants/suits - Underwear (preferably disposable) - Warm Jacket - Woolen Sweater - Raincoat or Umbrella (in case rain) - Sun hat, sun glass | <ul style="list-style-type: none"> - Personal toiletries - Glove - Hit pad - Sun block lotion - Insect repellent - Torch light, batteries, Camera, binocular(Optional) - Snacks (Museli bars, chocolates, dried nuts and fruits, vitamin-supplant etc) - Personal First aid kits Passport (Check for six months validity before departure) |
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