



新加坡包机直飞

SINGAPORE DIRECT FLIGHT TO



The Gateway to Happiness

7D6N

BHUTAN



7DAYS 6NIGHTS DIVINITY BHUTAN

HIGHLIGHTS

Bonuses worth \$500

- 1 way pony ride to Tiger Nest mid hill
- 3GB Data Sim Card per person
- Farewell gift away
- Religious Blessing service at Punakha Khuru Temple
- All guides tipping and local taxes
- Bhutan Visa included

Branded Accommodation

- 2N stay in 4-star Hotel Ramada Thimphu

Unique Experiences

- 1N stay each in Punakha and Trongsa Bhutanese-style Resort Hotel
- Create personalized postage stamp as a souvenir at Thimphu Post Office
- Enjoy Takin, Bhutan's national animal spotting
- Learn about Black-neck crane migration
- Hands on Archery session
- Local costume Gho & Kira Dress-Up Session
- DIY Ema Datshi session
- Taste local rice wine, Ara
- Choice of English and Mandarin-Guided Tour
- Shopping Spree at Norzin Lam, Bhutanese Craft Bazar and Bhutan Handicraft Emporium

Specialty Meals

- 100% meals with Indian, Thai and Chinese cuisines
- Buffet Dinner with Bhutanese Cultural Show

Thimphu

- Trashi Chho Dzong
- Buddha Dordenma Statue
- National Memorial Chorten
- Motithang Takin Preserve
- Folk Heritage Museum
- Traditional Handmade Paper Factory

Trongsa

- Trongsa Dzong

Gangtey

- Phobjikha Valley
- Black-Necked Crane Visitor Centre

Punakha

- Punakha Dzong
- Chimi Lhakhang
- Dochula Pass
- Druk Wangyal Chortens

Paro

- Kyichu Lhakhang
- Rinpung Dzong
- Taktsang Lhakhang
- Drukgyel Dzong

DAY 1

SINGAPORE - PARO - THIMPHU (Meal On Board / Dinner)

Assemble at Changi Airport for your flight to Paro. Upon arrival, be met and enjoy a local welcome from Bhutanese representatives with Khada. Your journey begins with a visit to Kyichu temple with a rich history dated back to the 7th century. Kyichu temple is one of the last three surviving temples that was built by a Tibetan King. Of the 108 such temples being built, only three left with two in Bhutan and one in Tibet. Move on to the Jokhang and Rinpung Dzong that houses the district Monastic Body and government administrative offices of Paro District. Arrival in Thimphu this evening and check in to your hotel after dinner. If you're feeling a little more zen and active, take a stroll to explore the surrounding little café and drinking joints. Later back to Hotel Overnight Stay.

DAY 2

THIMPHU (Breakfast / Lunch / Dinner)

Dive into a full day of essential sightseeing that lies ahead. See a 167 feet high sitting Buddha situated on top of a hill overlooking the city of Thimphu at Kuensel Phodrang, Buddha point. Next, explore the National Memorial Chorten, an impressive monument with its golden spires shining in the sun and its bells tinkling in the wind. Here, you will get to witness an endless procession of elderly people circling around it, meant to ward off negative energy. An opportunity to spot the Takin, National Animal of Bhutan at Motithang Takin Preserve (Mini Zoo), is a wildlife reserve area for Takin. Get into the world of Bhutanese art at National Institute for Zorig Chusum. This institute is commonly known as 'the painting school' that operates four to six-year courses on Bhutan's 13 traditional arts. Here, see art and craft students at work on thangka painting, woodcarving, exquisite embroidery or clay statue-making (clay), you can also get to bag home a few as souvenirs. Catch a glimpse of the traditional Bhutanese life at Folk Heritage Museum. The artifacts store inside the house reminds the visitors about how the rural Bhutanese live today. After lunch, learn and observe the entire process of producing handmade paper using ancient traditional methods that have been practiced for generations at Traditional Handmade Paper Factory. The paper products are made from a mulberry plant bark called Daphne. Enjoy some fun moment with creating personalized postage stamps with your own photo for souvenir or sent home on a postcard at own express at a Post Office. Next, try out archery, the Bhutanese National Sport at Changlimithang Stadium & Archery Ground. Thereafter, visit Changangkha Lhakhang; built in the 12th century, it is the oldest temple in Thimphu. Wrap up the day with some shopping spree at the Bhutan Handicraft Emporium, Authentic Bhutanese Crafts Street and Norzin Lam, with wide range of authentic Bhutan-made art and craft items. Later back to Hotel Overnight Stay.

DAY 3

THIMPHU - TRONGSA (Breakfast / Lunch / Dinner)

Traverse over the Black Mountains and Pele La pass (3300 m or 10825 ft.). Take a morning scenic 7hrs drive Trongsa in central Bhutan. Marvel at Trongsa Dzong founded in 1543, a masterpiece of architecture containing a maze of courtyards, passageways, corridors and additional 23 temples. End the day at your unique Bhutanese lodge for a night stay, giving you a moment of true serenity and tranquility like no others. Later back to Hotel Overnight Stay.



@Punakha Dzong



@buddah point

DAY 4

TRONGSA – GANTEY GOMPA – PHOBJIKA VALLEY – WANGDUE *(Breakfast / Lunch / Dinner)*

Today, head into the country side towards Gangtey Gonpa, the largest Nyingma monastery in Bhutan. Then, make your way towards the Phobjikha Valley, a wide glacial valley with a central stream that meanders through thickets of dwarf bamboo. The forest beyond the farms is mostly coniferous, and the general vegetation is composed of blue pine, birch, maple and several species of rhododendron. Home to the migratory black-necked crane, the valley is one of the most beautiful spots in Bhutan. Spot these rare, gorgeous cranes during the months of late October to February as they leave the Tibetan Plateau and pass the Himalayan peaks to reach their winter grounds. Make a stop at the Black-Necked Crane Visitor Centre to learn more about the cranes. Later back to Hotel Overnight Stay.

DAY 5

WANGDUE – PUNAKHA – THIMPHU – PARO *(Breakfast / Lunch / Dinner)*

Start the day with an early morning drive to Punakha the old capital of Bhutan. Camera ready as we proceed on to Punakha Dzong, built in 1637 by Shabdrung Ngawang Namgyel, the most famous name in Bhutanese history and nestled at the confluence of the Mo Chhu and Pho Chhu rivers. Enjoy endless picture-perfect you with iconic and instagrammable site as backdrop. En-route, stop by Chimi Lhakhang, the auspicious fertility monastery built in 1949. Walk through paddy and mustard fields of the temples, which is located on top of a small hill.

After Lunch, cross Dochula Pass and proceed to Druk Wangyal Chortens, where the construction of 108 chortens was commissioned by the eldest Queen Mother. Catch a glimpse of Punakha Valley as we arrive in Paro. Later back to Hotel Overnight Stay.

DAY 6

PARO *(Breakfast / Lunch / Dinner)*

No trip to Bhutan is complete without a hiking session. Take a soul inspiring morning hike to Taktshang Monastery. Renowned as Tiger's Nest with saying of Guru Padmasambhava, known as the Second Buddha, alighted from flying tigress and meditated at this shrine in the second half of the 8th century. The monastery that perched giddily on a rocky ledge with a waterfall cascading is the dream destination for Buddhist pilgrims from the world over. One can also take a different experience with partial hike with pony ride at own expenses. Thereafter, visit ruins Drukgyel Dzong, a victory fortress of the 17th century. Enjoy up close and mingle locally at a Local Farm House to learn the lifestyle of a Bhutanese farmers and get a chance to taste the local rice wine "ara". Here, enjoy hands on to learn the making of the famous house hold staple dish Ema datshi, cheese with chili. End the day at a Local Market of Paro Town for Last minute shopping. Later back to Hotel Overnight Stay.

DAY 7

PARO - SINGAPORE *(Breakfast / Meal on Board)*

Bid farewell to Bhutan with memories will last a lifetime. After breakfast, transfer to airport for flight home.

7天6晚 不丹世外桃源

行程特色

红利佳选价值 \$500

佳选住宿

- 骑小马登虎穴中山
- 每人3GB 数据SIM卡
- 礼物派对
- 宗教的祈福仪式
- 包括全程导游小费及相关税
- 包括不丹签证

佳选住宿

- 2晚住宿不丹4星级酒店

独特体验

- 各1晚宁静住宿于普纳卡及通萨道地传统式酒店
- 用自己的照片制作个性化的邮票作为纪念品
- 近距离观赏不丹国宝羚牛
- 黑颈鹤游客中心
- 传统射箭体验
- 试穿传统Gho及Kira服装体验
- 学习制作国菜 (Ema datshi)
- 品尝当地的米酒“ara”
- 可选择华语或英语讲解团
- 于诺真兰街及不丹工艺品集市购物乐

特色佳肴

- 全程100%膳食及舍中，泰及当地各种特色风味餐
- 自助晚餐及观传统舞蹈表演

廷布

- Trashi Chho Dzong
- 青铜金刚座佛像
- 国家纪念碑
- 莫提塘羚牛保护区
- 楚苏姆国家研究所
- 民俗文化博物馆
- 传统手工纸厂

通萨

- 通萨宗

岗提

- 富比华山谷
- 黑颈鹤保护区

普纳卡

- 普那卡宗
- 切米拉康佛寺
- 都楚拉山口
- 白佛塔

帕罗

- 凯奇拉康寺院
- 日蓬堡
- 虎穴寺
- 德鲁格耶尔宗



@Paro National Museum

第一天

新加坡 - 帕罗 - 廷布 (机上便餐/晚餐)

在樟宜机场集合，搭乘飞往帕罗的航班。抵达后，由不丹代表的当地欢迎并献于Khada(不丹传统围巾)。您的旅程从参观祈楚拉康开始，其丰富的历史可以追溯到7世纪。祈楚拉康是最后三座幸存的寺庙之一，由西藏国王建造。在正在建造的108座寺庙中，只剩下三座，其中两座在不丹，一座在西藏。继续前往大昭和仁蓬宗，那里是帕罗区寺院机构和政府行政办公室的所在地。今晚驱车抵达廷布，晚餐后入住酒店。如果您感觉还很精神活跃，可以漫步探索周围的小咖啡馆和饮酒场所。稍后返回酒店过夜。

第二天

廷布 (早餐/午餐/晚餐)

早餐后，您将前往观一尊167英尺高的青铜金刚座佛像，位于Kuensel Phodrang的山顶上，俯瞰整个廷布市。接下来，探索国家纪念馆Chorten，这是一座令人印象深刻的纪念碑，其金色的尖顶在阳光下闪闪发光，钟声在风中叮叮当当。在这里，您将目睹无休止的老年人在周围盘旋，旨在抵御负能量。您将有机会在莫提塘羚牛保护区（迷你动物园）发现不丹国家动物Takin在Takin的野生动物保护区。进入佐里格·楚苏姆国家研究所的不丹艺术世界。该学院通常被称为“绘画学校”，开设四到六年的不丹13种传统艺术课程。在这里，看到艺术和手工艺学生在做唐卡绘画，木雕，精美刺绣或粘土雕像制作（粘土），你也可以买一些回家作为纪念品。在民俗遗产博物馆瞥见传统的不丹生活。房子里的文物商店提醒游客今天不丹农村的生活。午餐后，学习并观察使用传统传统方法生产手工纸的整个过程，这些方法在传统手工纸厂已经实践了几代人。纸制品由一种名为Daphne的桑树皮制成。享受一些有趣的时刻，用自己的照片制作个性化的邮票作为纪念品，或者在邮局自己的快递公司用明信片寄回家。接下来，在Changlimithang体育场的射箭场尝试不丹国家运动《射箭》。之后参观Changangkha Lhakhang长港拉康;它建于12世纪，是廷布最古老的寺庙。在不丹手工艺品商场、正宗不丹工艺品街和诺真兰街购物，享受一天的购物狂欢，在这里可以买到各种正宗的不丹工艺品。稍后返回酒店过夜。

第三天

廷布 - 通萨 (早餐/午餐/晚餐)

穿越黑山和佩勒拉山口（3300米或10825英尺）。早上在不丹中部驱车 7 小时即可到达风景秀丽的通萨。惊叹于建于1543年的通萨宗，这是一座建筑杰作，包含迷宫般的庭院、通道、走廊和另外23座寺庙。在您独特的不丹旅馆过夜，结束一天，让您享受独一无二的真正宁静和安宁时刻。稍后返回酒店过夜。

第四天

通萨 - 甘蒂贡帕 - 富比华山谷 - 旺杜 (早餐/午餐/晚餐)

今天，前往乡村，前往不丹最大的宁玛派寺院岗提贡巴。然后，前往富毕卡山谷，这是一个宽阔的冰川山谷，中央溪流蜿蜒穿过矮竹丛。农场外的森林多为针叶树，一般植被由蓝松、桦树、枫树和几种杜鹃花组成。山谷是迁徙黑颈鹤的家园，是不丹最美丽的景点之一。在 10 月下旬至 2 月的几个月里，当它们离开青藏高原并经过喜马拉雅山峰到达冬季时，可以看到这些稀有、华丽的鹤。在黑颈鹤游客中心稍作停留，了解更多关于鹤的信息。稍后返回酒店过夜。

第五天

旺杜 - 普那卡 - 廷布 - 帕罗 (早餐/午餐/晚餐)

清晨驱车前往不丹老首都普那卡，开始新的一天。当我们继续前往普那卡宗时，相机已准备就绪，该宗由不丹历史上最著名的名字夏仲阿旺南杰于 1637 年建造，坐落在莫楚河和普楚河的交汇处。以标志性和 instagrammable 网站为背景，享受无尽的完美画面。途中，参观建于 1949 年的吉祥多产寺 Chimi Lhakhang。穿过位于小山顶上的寺庙的稻田和芥菜地。

午餐后，穿过多丘拉山口，前往德鲁旺杰佛塔，由最年长的太后委托建造 108 座佛塔。当我们到达帕罗时，瞥见普那卡山谷。稍后返回酒店过夜。

第六天

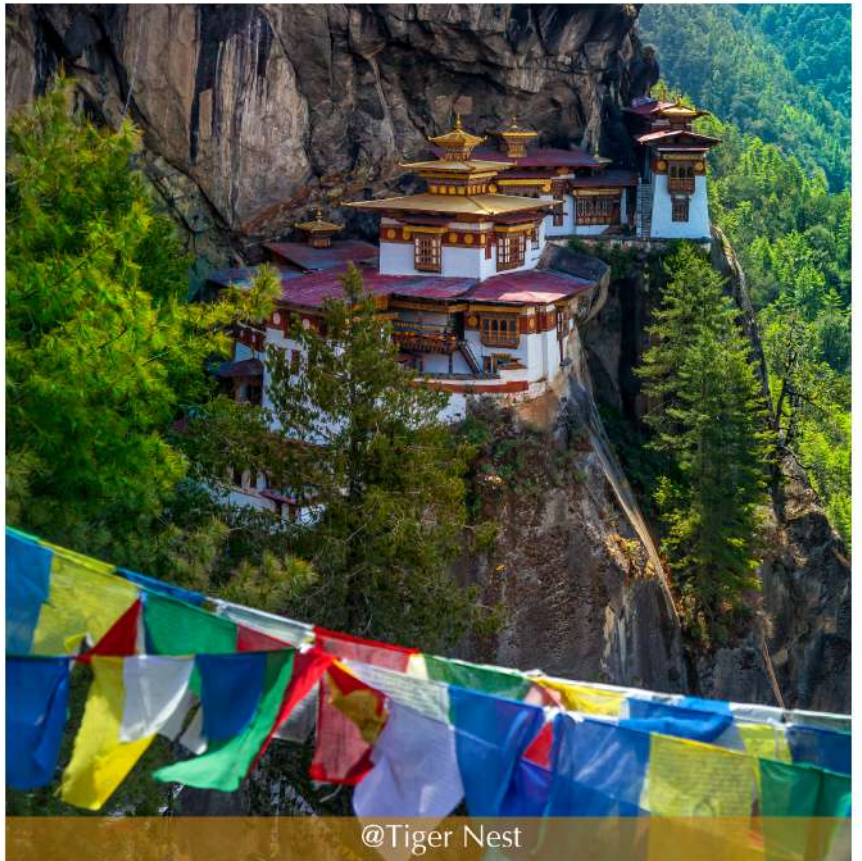
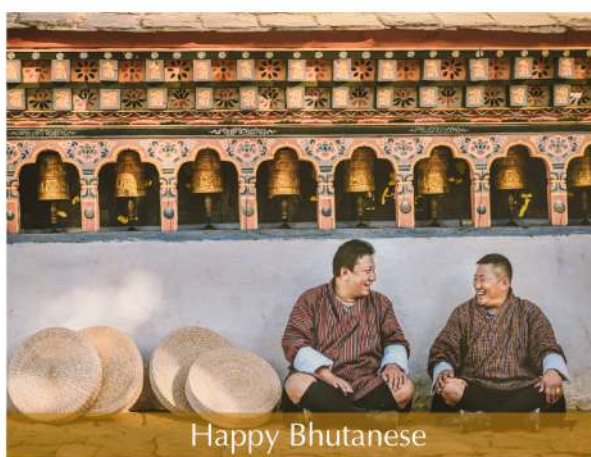
帕罗 (早餐/午餐/晚餐)

没有徒步旅行，不丹之旅是不完整的。以鼓舞人心的早晨徒步旅行到虎穴寺。8世纪下半叶，莲花生大士，号称第二佛，从飞虎下下来，在这座神社打坐，被誉为虎穴。这座寺庙耸立在岩石峭壁上，瀑布倾泻而下，是世界各地佛教朝圣者梦寐以求的目的地。您还可以自费骑小马进行部分徒步旅行，体验不同的体验。之后，参观 17 世纪的胜利堡垒 Drukgyel Dzong 遗址。在当地农家乐近距离享受当地交流，了解不丹农民的生活方式，并有机会品尝当地米酒“ara”。在这里，亲手学习制作著名的主食 Ema datshi，奶酪和辣椒。在帕罗镇当地市场结束一天的最后一分钟购物。稍后返回酒店过夜。

第七天

帕罗 - 新加坡 (早餐/机上便餐)

早餐后，前往机场乘飞机回家。告别不丹，留下终生难忘的回忆。



独家红利 Exclusive Bonuses

佳选赠送
FREE
Value Plus



Bhutanese Cultural Dance 文化舞蹈表演



Bhutan Tourist Visa 不丹旅行签证



Horse Riding at Tiger Nest 骑马上虎穴寺



Bhutanese Tashi Khadar 不丹传统围巾



Local Data Sim Card 3GB 网络电话卡



Hiking Stick at Tiger Nest 虎穴寺的登山杖



Bhutan Costume Experience 体验传统服装



Personalized Bhutan Stamp 印制个人邮票



English, Chinese Speaking Guide 中英导游讲解



Organic Lemongrass Spray 天然香茅精油



Unlimited Complimentary Water 无限量矿泉水



Punakha Dzong 普那卡宗



Chimi Lhakhang 寺庙切米拉康



Black-Necked Crane Visitor Centre 黑颈鹤保护中心

MALAYSIA



Paro Valley 帕罗山谷



Buddha Dordenma 金剛座釋迦摩尼大佛



Pele La pass (佩勒拉山口)

4 - Star hotel throughout Tour 全程4星級酒店



@Hotel Ramada, Thimphu



@Yangkhil Resort, Trongsa



@Zhingkhram Resort, Punakha



@Tenzinling Resort, Paro



STAY 住宿	LOCATION 地点	LOCAL HOTEL CATEGORY 当地酒店等级或同级
2 Nights 两晚	Thimphu 廷布	4* Hotel Ramada, Thimphu (or similar 或同级)
1 Nights 两晚	Trongsa 通薩宗	4* Yangkhil Resort, Trongsa (or similar 或同级)
1 Nights 两晚	Punakha 普納卡	4* Zhingkham Resort, Punakha (or similar 或同级)
2 Nights 两晚	Paro 帕羅	4* Tenzinling Resort, Paro (or similar 或同级)

Cuisine Varieties 各种美食



- ✓ Indian Cuisine 印度料理
- ✓ Thai Cuisine 泰国料理
- ✓ Chinese Cuisine 中式料理
- ✓ Malaysia Bak Kut Teh 肉骨茶
- ✓ Bhutan Red Rice 不丹红米
- ✓ Suja (Bhutanese Butter Tea) 酥油茶
- ✓ Ema Datshi (Chilis Cheese) 辣椒芝士
- ✓ Sikam Paa (Bhutan Bacon) 不丹培根肉
- ✓ Kewa Datshi (Potato Cheese) 马铃薯芝士
- ✓ Jasha Maru (Curry Chicken) 不丹咖喱鸡



Estimated Flight Schedule 预计航班时间

DEPARTURE 出发	Day 01 第一天	KB 501	1230 Singapore 新加坡	—	1645 Paro 帕罗		5 Hours Flying hours
RETURN 往返	Day 07 第七天	KB 500	0910 Paro 帕罗	—	1610 Singapore 新加坡		6 Hours Flying hours

*Flight schedule & estimate time of arrival and departure subject to airline confirmation without prior notice.
*此航班仅供参考，对应的航班时间均有调整的可能，包括起飞时间的变化等

Terms & Conditions 备注：

- Flights, transportation, hotels, meals and itineraries and sequences stated in the brochure are subject to change without prior notice and subject to final confirmation. TBT reserves the right to alter itineraries at any time (without compensation) due to unforeseen circumstances, especially during peak periods or force majeure. 行程表所列出的航班时间，交通，酒店住宿，餐饮及行程或顺序可能会有所变动，恕不另行通知，具体将以最终确认安排为准。若出现无法预测的特殊情况或高峰期，本社将保留更改或取消行程的权利并无补偿。
- Purchase of travel insurance is highly advisable. The Company or our consortium agents shall not be liable for any losses or personal expenses incurred by tour members during the tour, or in the event of unforeseen circumstances such as adverse weather conditions/natural disasters or other causes which may lead to traffic delays/extend stays/ cancellation/rescheduling or other losses. Kindly refer insurance policy for the terms of coverage. 强烈建议在出发前购买旅行保险。本社或我们的代理商将不承担和不负责旅客在旅行期间产生的任何损失，比如在恶劣天气条件 / 自然灾害或其他不可预测的情况下而引起交通堵塞 / 延长住宿 / 取消或更改行程或任何其他损失。有关任何承保条款，请参阅保单。
- Unless otherwise specified by request, tours are conducted in English and tour buses are arranged based on group size which make sure every passenger is entitled to one seat each. Expenses of personal nature like tipping, laundry, telephone calls/internet data, beverages, photography fee at sightseeing, optional tour, medical expenses, any insurance or etc are on own expenses. 全程将以英文讲解为主，除非另有要求需提前通知。本社将根据团体规模安排旅游巴士，以确保每位旅客都有一座位为前提。
- No refund shall be entertained for any unutilized portion of the tour. 任何未使用的旅行部分均不予退款。
- Notwithstanding the place or country in which a course of action arises, it is expressly agreed hereto that all causes of actions shall at all times be commenced within the jurisdiction and territory of Bhutan. 如出现了诉讼程序的地方和国家，但明确同意，所以诉讼理由应在不丹的管辖权和领土内受理。
- In case on any currency fluctuations or amendment in local Government & Hotel taxes, or any fuel hike, we reserve the right to adjust the tour price accordingly without any notice. 如果任何货币波动或当地政府的条件修改如酒店税或任何燃油费，本社将保留相应调整旅游价格的权利，恕不另行通知。
- For other detailed standard Terms & Conditions, please refer to our website & read carefully : www.travelbhutantours.com 有关其他详细的标准条款和条件，请参阅我们的网站并仔细阅读。



TRAVEL WITH WEBUY
WEBUY 旅游配套 省钱省心又可靠

