



Mt. Fishtail. Evening view from Mardi Himal

Mardi Himal Trekking is a popular trekking route in the Annapurna region of Nepal. It is not considered to be a technically challenging trek, but it does require a moderate level of physical fitness and some trekking experience. The trail involves some steep ascents and descents, particularly in the first few days of the trek. It offers spectacular close view of the Himalayas, including Mount Annapurna South, Hiunchuli and Machhapuchhre (Fishtail). The highest point of trek upper view point is situated at 4200m/13779ft. Mardi Himal is best visited between March and May and September to December.

- Explore the tranquil routes that pass through ethnic villages and lush farmlands.

## 12D Mardi Himal Soft Adventures Trek

### Day 01: Singapore - Kathmandu (1,300m/4,264 ft)

Fly Singapore to Kathmandu, Tribhuvan International Airport, brothers team will be pick you up and transfer to Hotel in the city Centre. You will get some time to refresh yourself at the hotel. We will have a short briefing about the trip. You will be served a welcome dinner prepared by Brothers Team, in the evening. Overnight in Hotel the Kathmandu.

### Day 02: Sightseeing tour around the Kathmandu valley & preparation for the trek (1,300m/4,264 ft) (Breakfast, Lunch, Dinner)

After breakfast, we will proceed for the sightseeing excursion. We will visit the UNESCO world heritage sites in the Kathmandu region. We will explore the places like Kathmandu Durbar Square, and Swayambhunath.

### Day 03: Drive from Kathmandu – (optional Rafting) Pokhara Valley (823m/2,700ft), 5-6 hrs drive

Breakfast in the hotel. We will drive to Pokhara by private bus passing through a number of picturesque locations, beautifully terraced farms, little businesses by the side of the road, and the turbulent Trishuli River (optional white water can be arranged) Pokhara is a fantastic location for refreshments. We will get chance to explore the Himalayas, Mainly Annapurna ranges including Mt. Manaslu, Machhapuchhre, Lamjung Himal etc. You can also choose to go out and have fun in the evening in the streets of the lake side Pokhara. Overnight at Pokhara hotel.

(Breakfast, Lunch, Dinner)

### Day 04: Drive to Phedi and trek to Pothana(2100m/6,720ft): 30 minutes' drive, 4-5 hours trek

After breakfast, drive to Phedi (trek starting point) and begin our adventure. Before we arrive in Dhampus, we will have lunch. We will travel over stone steps, through villages, forests, and farms with terraces. Our journey will continue as we make our way to Deurali, a charming little village perched high above a ridge with excellent views. Dinner and overnight at Pothana. (Breakfast, lunch, Dinner)

### Day 05: Trek from Deurali to forest camp (2,520m/8064ft): 6-7 hours

We will set out on the trek after breakfast, which will take us through a lovely woodland filled with red rhododendrons. It comes as no surprise that Nepal's national flower is one that is frequently seen in the country's highlands. Our walk is incredibly peaceful until we arrive at the clearing of the camp. We will relax and explore the region, which is also known as Kokar locally. We will stay at the forest camp for the night. (Breakfast, lunch, Dinner)



**Day 06: Trek from Forest Camp to low camp (2970m/9504ft): 5-6 hours**

We will start trekking through thick forests after breakfast. We take in the diverse wildlife of Nepal as we go up until we reach the low camp. You get the breathtaking view of Mt. Machapuchhre (Mt. Fishtail) from here. We will be observing the native way of life of the people in this area for a while in the evening. Overnight Night at the low camp. **(Breakfast, lunch, Dinner)**

**Day 07: Trek from Low camp to high camp (3540m/11,328ft): 3-4 hours**

We will begin our walk after an early breakfast like the day before. On this day, we will hike uphill along a ridge in the direction of Mardi Himal and Macchhapuchhre. The area is largely made up of shrubs with a few lone rhododendron bushes along the trail as the tree lines start to become thinner. On our way to the high camp, we can witness the Daphne pheasant, Nepal's national bird if we are lucky. We will finally stop at the high camp, our final stop for the day. We will get the amazingly beautiful mountain vistas while ascending to the camp. Overnight in the high camp.

**Day 08: Trek from High camp to upper viewpoint (4500m/13600ft) and return back to high camp: 2-3 hours**

We will be hiking up to the highest viewpoint on this day. We will occasionally travel on a steep and narrow trail to reach our destination. We will walk along a short rise, across pastures on our trail before we arrive at the Upper Viewpoint. We can see the amazing views of the Himalayas from this location. Mountains like Mardi Himal (5,587m), Annapurna I (8,091 m), Annapurna South (7,219 m), Hiunchuli (6,441 m), Baraha Shikhar (Mt. Fang) (7,647 m), Tent Peak (5,695 m), Singhachuli (6,501 m), Machapuchhre (6,993 m), and other mountains can be seen from the top. For an overnight stay, we make the journey back to the top camp. **(Breakfast, Lunch, Dinner)**

**Day 09: Trek from High camp to Siddhing Village (1700m/5440ft): 6-7 hours**

We will choose an alternate path that leads us to Siddhing instead of the path through the high camp. We will have a more fascinating walk because of the alternative route, which enables us to experience something new. Trekkers will enjoy a peaceful stay in Siddhing as it is hidden from the busy trails. Overnight in Siddhing. **(Breakfast, Lunch, Dinner)**

**Day 10: Trek to Lumre, drive to Pokhara: 2-3 hours trek, 2 hours' drive**

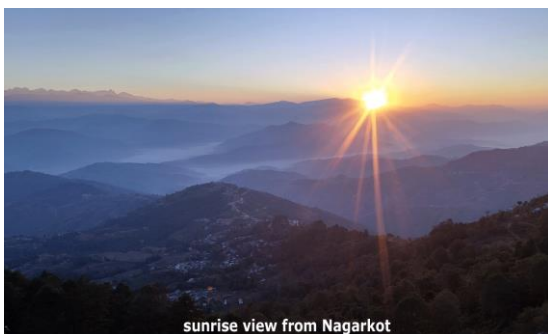
After breakfast, we will make our way toward Lumre until we come to the road. After we reach the road, we will start our drive back to Pokhara. We will get some rest and relax in our hotel room in Pokhara. You are welcome to take a stroll along the lake in the evening. Spend the night in Pokhara

**Day 11: Drive back from Pokhara to Kathmandu (1,300m/4,264 ft), 5-6 hrs drive**

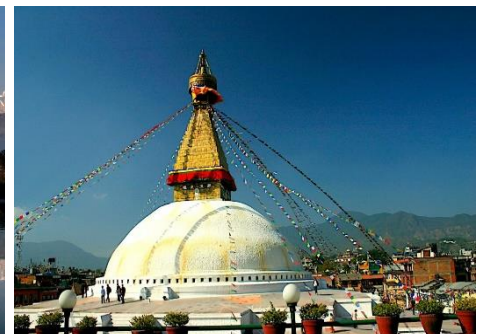
We will leave Pokhara early morning moving back to our destination in Kathmandu in a private vehicle. We pass through the breathtaking Nepali countryside on the way back. The guide will take you to your hotel after we arrive back in Kathmandu. The rest of the day you will be free to relax or take a tour of the neighbourhood. Overnight in Kathmandu. **(Breakfast, )**

**Day 12: Departure from Kathmandu (Breakfast, )**

After breakfast, free at leisure till transfer to airport & fly back to Singapore.



sunrise view from Nagarkot



**TREK COST: SGD2180 Per person (By Air Vistara via Delhi) you can take direct by SQ**



**TREK COST: SGD Per person (Singapore – KTM Direct and return Via Delhi Singapore Airline)**

**COST INCLUDES:**

- ✓ Air Travel SIN-KTM-SIN by Vistara via Delhi or Direct flight
- ✓ Hotel accommodation in Kathmandu and Pokhara with breakfast.
- ✓ Guest house accommodation during trekking
- ✓ Accommodation at Twin/Triple sharing basis
- ✓ meals provided (Breakfast, Lunch, Dinner) We serve different type of food each day
- ✓ Personal cook throughout trip for safe & hygienic food & Drink (group size 10 & above)
- ✓ All transfers and tours by Air con transport as per itinerary
- ✓ English speaking Guides and assistants
- ✓ Entrance fees to all **Monuments, all** taxes, inner line permits, and Government taxes.
- ✓ Trek Permit fees, national park fees where applicable
- ✓ Build drinking water supply for through trip
- ✓ Basic first Aid train guide
- ✓ First aid kit
- ✓ Trekking map

**Service and cost do NOT include:**

Personal Travel Insurance, Nepal visa fee US\$30, Drinks (cold and alcoholic), Domestic Airfare if any, Expenses Airline taxes & fuel surcharge S\$130, of personal nature, Tipping for Guide and porters.

**Suggested Packing List for Trekking:**

- Backpack or duffel bag
- Day Pack
- Sport shoes
- Trekking shoes
- Sandal /slippers
- Track pants/suits
- Underwear (preferably disposable)
- Warm Jacket
- Woolen Sweater
- Raincoat or Umbrella (incase rain)
- Sun hat, sun glass
- Personal toiletries
- Glove
- Hit pad
- Sun hat, sun glass
- Personal toiletries
- Glove- Hit pad
- Sun block lotion
- Insect repellent
- Poncho (incase rain)
- Torch light, batteries, Camera, binocular (Optional)
- Snacks (Museli bars, chocolates, dried nuts and fruits, vitamin-supplant etc)
- Personal First aid kits
- Passport (Check for six months validity before departure)